

22 Low Glycemic Rice

From FPO* Farmers

Delicious, nutritious, suitable for diabetics



*Farmer Producer Organisations


Low GI Rice

Ideal for diabetics & Elderly
Aids weight management
Flavourful & delicious

FPO farmers grow paddy
No synthetic pesticides used
Harvested & packed hygienically



Each purchase ensures a
healthier planet & the healthiest diet.

Tap link  on any page to buy
online from ONDC.

Get a healthy start with

Ajara Ghanasal Rice

Red Rice

Black rice

RNR sugar control rice

Daftri shri rice

Sona Masuri

Dubraj Rice

Sugar free rice

Indrayani Rice

Sugar free rice

Kamod Rice

Srishtee red rice

Kala Jeera Rice

Super Rice

Kalo nunia rice

Tulsi bhog rice

Katarni brown rice

Uttarakhand red rice

Manipuri Black rice

Vasanai seraga samba rice

Minikit Rice

Ram jeera rice





Ajara Ghansal rice



Naturenest FPCL

📍 Pune, Maharashtra



₹110 | Qty: 1 kg



- Unpolished short-grain rice
- Fragrant & nutritious
- For delicious rice dishes
- Non-sticky & easy to cook



Black rice



Bhairabi Women FPCL

📍 Ganjam, Odisha



₹100 | Qty: 1 kg



- Naturally grown parboiled rice
- Rich in fiber, iron & protein
- Low sugar & no cholesterol
- Grown by women FPO



Daftari shri rice



Count On Crops

📍 Ghazipur, Uttar Pradesh



₹77 | Qty: 1 kg



- Aromatic long-grain rice
- vitamin & mineral - rich
- Boosts immunity
- Controls sugar level



Dubraj rice



Daldali FPCL



📍 Mandla, Madhya Pradesh

₹139 | Qty: 1 kg



- Aromatic short to medium-grain rice
- Perfect for a balanced diet
- Provides instant energy
- Controls obesity & diabetes



Indrayani Rice



Vaitarna Organic FPCL

📍 Pune , Maharashtra



₹70 | Qty: 1 kg



- Aromatic semi-polished short to medium-grain rice
- Wholesome, nutritious & delightful texture
- Sweet fragrance & distinctive stickiness
- Good for diabetes & weight control



Kamod rice



Sanand Taluka FPCL

📍 Sanand, Gujarat



₹250 | Qty: 1 kg



- Known as basmati of Gujarat for its taste & texture
- long-grain rice, ideal for biryani
- Low-sugar & nutritious rice
- Nutty flavour



Kala jeera rice



Kabisuryanagar FPCL

📍 Ganjam, Odisha



₹220 | Qty: 2 kg



- Aromatic short-grain rice
- Antioxidants & fiber-rich
- Ideal for sweet & savoury dishes
- Supports weight loss



Kalo nunia rice



Bara Haldibari FPCL

📍 Cooch Behar, West Bengal



₹120 | Qty: 1 kg



- Aromatic short-grain rice
- Low sugar & no cholesterol
- Rich in protein, fiber & antioxidants
- Sweet flavour makes delicious dishes



Katarni brown rice



Zardalu & Katarni Agro FPCL



📍 Sultanganj, Bihar

₹160 | Qty: 1 kg



- Versatile short to long-grain rice
- Rich in fiber & other nutrients
- Low cholesterol
- Makes diverse cuisines



Manipuri black rice



Yening Krish-E FPCL

📍 Lilong, Manipur



₹300 | Qty: 1 kg



- Aromatic short to medium-grain rice
- Low sugar & no cholesterol
- Rich in protein, fiber & antioxidants
- Nutty flavour makes delicious dishes



Minikit rice



Krishnanagar Agro FPCL

📍 Naduria, Kolkata



₹55 | Qty: 1 kg



- Parboiled medium to long-grain rice
- High nutritional value
- Pearly-white fragrant rice
- Ideal for daily diet



Ram jeera rice



Ahiran FPCL



📍 Katghora, Chhattisgarh

₹95 | Qty: 1 kg



- Aromatic medium to long-grain rice
- Rich in vitamins & minerals
- Low sugar & no cholesterol
- Boosts energy level



Red rice



Nairupya FPCL

📍 Chittoor , Andhra Pradesh



₹85 | Qty: 500 g



- Aromatic short to medium-grain red rice
- For healthy & flavourful dishes
- Rich in protein, vitamins & minerals



RNR sugar control rice



Paigara FPCL

Paigara , Kolkata



₹77 | Qty: 500 g



- Aromatic thin long-grain rice
- Rich flavour & sweet taste
- Diabetic friendly
- Best for daily diet



Sona Masoori rice



Chainpur Krishi Utpadak Swayat FPCL

Paigara , Kolkata



₹80 | Qty: 1 kg



- Lightweight, aromatic, medium-grain rice
- Low fat & calorie
- Aids weight loss
- Easily absorbs flavour & spices



Sugar free rice



Bhairabi Women Agro FPCL



📍 Ganjam, Odisha

₹80 | Qty: 1 kg



- Aromatic medium to long-grain rice
- Low sugar & no cholesterol
- Rich in nutrients
- Aids weight loss & diabetes



Srishtee red rice



Shroddha FPCL

📍 Koch Bihar, West Bengal



₹140 | Qty: 1 kg



- Unpolished medium-grain rice
- High nutritional value
- An earthy flavour with a red hue
- Best for weight loss



Super rice



Bhairabi Women FPCL

📍 Ganjam, Odisha



₹140 | Qty: 1 kg



- A mixture of black, brown & red rice
- Rich in iron, Calcium & Vitamins
- Grown by women FPO farmers
- Fragrant & delicious



Tulsi bhog rice



7 Mile Agri Fish FPCL

📍 Koch Bihar, West Bengal



₹100 | Qty: 1 kg



- Aromatic short to medium-grain rice
- Enriched with fibers & minerals
- Boosts energy
- Controls sugar & cholesterol level



Uttarakhand red rice



Chaukhamba Hill FPCL

📍 Rudraprayag, Uttarakhand



₹210 | Qty: 2 kg



- Nutritious, short-grain Himalayan red rice
- Healthy & flavourful
- Rich in protein, vitamins, minerals & antioxidants



Vasanai seraga samba rice



Yelagiri Hills Tribal FPCL

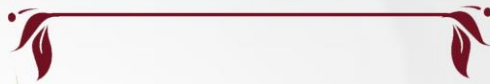
Tirupattur, Tamil Nadu

₹150 | Qty: 1 kg



- Aromatic short-grain rice
- Unique taste & fragrance
- Rich in nutrition
- Ideal for various global dishes

Have A *Rice Day!*



**For more information
contact: sfac@nic.in**